MENU

MAESONS SMOOTHIES

WATER BASE

Herbs and Greens	6.5
Figs, Avocado, Kale, Lime, Mint, Almonds, Date, Parsley, Banana, Pea Protein, Spirulina,	
Mango, Wheatgrass	6.5
Mayan Raw Chocolate/Coffee	6.5
RAW chocolate, Avocado, Vanilla, Blueberries, Maca, Peanuts, Coffee Beans, Guarana, Banana, Pea Protein, Flaxseed, Date	
Olympia Lemon Cherry	6.5
Cherries, Lime, Avocado, Almonds, Prunes, Chia Seeds, Date, Banana, Oats, Pea Protein, Flaxseed	
Açai	6.5
100% Açaí Berry from the Amazon region. The berry contains antioxidants, omega 3 and 9 fats, vitamins, and minerals.	
	6.5
Hawaiian Passion Fruit, Coconut, Mango, Acerola Cherries, Apple, Pineapple	0.5
Berry Bomb	6.5
Açaí, Blueberry, Blackcurrant, Banana, Apple, Strawberry, Blackberry, Hemp Protein,	0.0
Baobab	
Orange Clockwork	6.5
Beets, Carrot, Papaya, Ginger, Celery, Lucuma	
MILK (ALMOND, SOY OR COCO) BASE	
Pitaya	6.5
Dragon Fruit, contains antioxidants, vitamins, magnesium, and other minerals.	
Coco-Cashew	6.5
Coconut Milk, Banana, Cashew Nuts	
Açai	6.5
100% Açaí Berry from the Amazon region. The berry contains antioxidants, omega 3 and 9 fats, vitamins, and minerals.	
Mayan Raw Chocolate/Coffee (Ice coffee)	6.5
RAW chocolate, Avocado, Vanilla, Blueberries, Maca, Peanuts, Coffee Beans, Guarana, Banana, Pea Protein, Flaxseed, Date	



MENU

MAESONS SUPER BOWLS

FAVOURITES 12.5 Acai Bowl: Almond milk, Açai, Banana Toppings: Plain granola, Blueberries, Banana, Kiwi, Flaxseed 12.5 Blue Ocean Bowl: Almond milk, Coconut, Banana, Cashew nuts Toppings: Plain granola, Blueberries, Banana, Strawberry, Coconut flakes 125 Pitaya Bowl: Almond milk, Banana, Dragon fruit Toppings: Plain granola, Blueberries, Banana, Mango, Coconut flakes SUPER BOWL WITH FRUIT AND VEGETABLES Workout Recovery (Hawaiian) 12.5 Acerola cherry, Passion fruit, Mango, Coconut milk, Pineapple 12.5 **Energy bomb (Berry Bomb)** Acai, Baobab, Hemp protein, Blueberries, Blackberries Raspberries, Strawberries, Banana 12.5 **Detox (Orange Clockwork** Red beet, Ginger, Papaya, Lucuma, Carrot, Celery SUPER BOWL WITH PROTEINE Kickstart (Mayan raw chocolate) 12.5 Raw chocolate, Avocado, Maca, Peanuts, Coffee beans Blueberries, Banana, Guarana, Pea protein, Date, Flaxseed 12.5 Muscle gainer (Olympia lemon cherry) Cherries, Lime, Raspberries, Oats, Pea protein, Chia seeds Avocado, Almonds, Plums, Dates, Banana Healthy freak (herbs and greens) 12.5



Avocado, Spinach, Wheatgrass, Mango, Spirulina, Barley grass, Broccoli